



# THE RIGHT TO LIVE IN SAFETY, FREE FROM ABUSE AND NEGLECT.

Worried about yourself or  
someone you know? Get  
further support and advice  
Call today:

Southend - 01702 215008  
Essex - 0345 603 7630  
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Visit [www.essexsab.org.uk](http://www.essexsab.org.uk) for more information

Working together to keep adults safe  
across Essex

